



National Eating Disorder Association Hosting Fundraising Walks

NEW YORK (Oct. 3, 2018) — The National Eating Disorders Association (NEDA) is continuing to host fundraising events, called NEDA Walks, in over 90 cities nationwide. NEDA Walks aim not only to raise funds for eating disorder treatment, prevention, and research, but also to build community and support people affected by eating disorders. While NEDA Walks have been taking place since 2009, NEDA is continuing to add more to their schedule and expand their map. NEDA wants to invite interested parties to participate in a walk happening in a city near them.

Every dollar raised at these Walks is put towards resources to aid people affected by eating disorders. NEDA will continue to invest in eating disorder education, prevention, and support, as well as advocacy and research initiatives.

A representative of NEDA said that the Walks are intended to be, “inspirational, community-building events,” “a celebration of hope and strength,” and a “safe and supportive space where no one will feel alone in their battle.” Attendees can socialize with folks in similar circumstances and participate in a short walk meant to symbolize unity in the fight against eating disorders.

Participants will be able to do “body-positive activities,” and “hear from motivational guest speakers,” said a representative of NEDA. Ally L., a past NEDA Walk participant, said, “I was amazed at the community of hope and support I witnessed. Each NEDA walk leaves me inspired to keep pushing forward and fighting for what I believe in.”

NEDA walks are currently scheduled from now through May 18, 2019. To participate in a NEDA Walk, interested parties can register through NEDA’s webpage: <https://nedawalk.org/register>. More details about NEDA are available at their main website: <https://www.nationaleatingdisorders.org>. For further inquiries, information can be requested by contacting the administrative office at: info@NationalEatingDisorders.org.

The National Eating Disorders Association (NEDA) is the largest nonprofit organization dedicated to supporting individuals and families affected by eating disorders. NEDA serves as a catalyst for prevention, cures and access to quality care. Through their programs and services, NEDA raises awareness, builds communities of support and recovery, funds research and puts life-saving resources into the hands of those in need.

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